



4-H YOUTH PROGRAM OF OAKLAND COUNTY HORSE PROGRAM ACHIEVEMENT LEVEL STUDY GUIDELINES -LEVEL I

APPROPRIATE ATTIRE REQUIRED

SECTION I

1. Discuss ten safety precautions to follow when around horses on the ground and how safety relates to horse behavior. Explain how proper riding boots/shoes can keep you safe.
2. Discuss the power of association (flight or fight) instinct in horses.
3. Identify six horse coat colors/variations, five white facial markings and three leg markings.
4. Name and describe the four basic gaits of horse, from slowest to fastest.
5. Describe basic tack for leading a horse and riding a horse in English tack and Western Tack.
6. Identify 10 basic body parts of the horse.
7. How many gallons of water does a horse consume in one day? What 3 main types of feed do horses eat?
8. *Rider/Handler Showcase: Demonstrate how to properly lead and turn a horse in halter and tell why.
(Video is acceptable)

REFERENCE BOOKS & MATERIALS:

Corresponding to the above questions:

1. Horses and Horsemanship Chapter 11
2. Horse Science, Chapter 1, page 7
3. Horses and Horsemanship Chapter 1, Giddy Up and Go Level 1 Chapter 5
4. Horses and Horsemanship Chapter 4
5. Horses and Horsemanship Chapter 6
6. Horses and Horsemanship Chapter 2, Giddy Up and Go Level 1 Chapter 3
7. Horse Science, Chapter 8 and 9
8. Please work with your Mentor or Horse-Knowledgeable Adult



An anatomical chart of
THE MORGAN HORSE
American Morgan Horse Association, Inc.





SECTION II

1. Expand on safety precautions when mounting and use of riding equipment. Explain how your riding helmet and appropriate riding clothing can keep you safe.
2. Discuss basic grooming equipment, uses of each and demonstrate.
3. Which is a better lead to tie a horse with, flat nylon or a braided rope? Why? What is a quick release/safety knot for tying a horse and what are best places to tie a horse. Demonstrate tying a quick release knot.
4. Identify 22 basic body parts of a horse.
5. Define the following basic horse terms: stallion, mare, colt, weanling, gelding, filly, conformation, horsemanship, sire, dam.
6. What is showmanship and explain “set up for inspection.”
7. *Rider/Handler Showcase: Demonstrate a showmanship pattern.
8. *Rider/Handler Showcase: Demonstrate stopping and steering a horse while mounted at a walk (on lead line if required per 4-H rules). (Video is acceptable)

REFERENCE BOOKS & MATERIALS:

Corresponding to the above questions:

1. Giddy Up and Go Level 1 Chapter 10, Horses & Horsemanship Chapters 5 and 11
2. Horses and Horsemanship Chapter 7
3. Horse & Horsemanship Chapter 11, Giddy Up and Go Level 1 Chapter 9
4. Horses and Horsemanship Chapter 2, Giddy Up and Go Level 1 Chapter 3
5. Horse Science Chapter 6, Horse and Horsemanship Chapters 2, 5 and Appendix B, Giddy Up and Go Level 1 Chapter 8
6. Horses and Horsemanship Chapter 9
7. Please work with your Mentor or Horse-Knowledgeable Adult
8. Please work with your Mentor or Horse-Knowledgeable Adult



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SECTION III

1. Explain how to safely catch a horse, what to avoid and describe general safety precautions while riding, including control.
2. Discuss a horse's disposition and how the ears and eyes are signs of how the horse is feeling. Describe the 5 senses and how they relate to horse behavior.
3. Explain basic health care and sanitation principles. How do you keep your horse's environment clean and healthy?
4. Describe differences between: light horse breed, draft or heavy breed, pony and miniature horse? Name six light horse breeds, three draft breeds and two pony breeds.
5. Describe how to warm up a horse and safe riding etiquette in the warm up and show rings.
6. How do you measure the height of a horse?
7. Present horse educational info or demonstrate to your club or group.

REFERENCE BOOKS & MATERIALS:

Corresponding to the above questions:

1. Horses and Horsemanship Chapter 11, Giddy Up and Go Level 1 Chapter 10
2. Giddy Up and Go Level 1 Chapter 2
3. Horse Science Chapter 11 and attached Equine Basic Care – Animal Welfare 5 Freedoms
4. Horse and Horsemanship pages 56-57, Giddy Up and Go Level 1 Chapter 6
5. Horses and Horsemanship Chapters 8 & 11, Giddy Up and Go Level 4 Chapter 7
6. Giddy Up and Go Level 1 Chapter 4
7. **A separate event sheet is attached to present for **signing by the event Chairperson ONLY.**



EQUINE BASIC CARE

Animal Welfare – 5 Freedoms

1. **Freedom from Hunger and Thirst** - ready access to water and diet to maintain health and vigor.
 - a. Determine nutritional needs, feed appropriate amounts

2. **Freedom from Discomfort** - appropriate environment including shelter and comfortable resting place
 - a. Protection from weather, safe environment

3. **Freedom from Pain, Injury or Disease** – prevention and rapid diagnosis and treatment
 - a. Safe environment, humane treatment, Veterinary care

4. **Freedom to Express Normal Behavior** – provide sufficient space, proper facilities and company of animal's own kind
 - a. Stalls, pastures, paddocks, other horses

5. **Freedom from Fear and Distress** – ensure conditions and treatment which avoid mental suffering. A body reacts to stress to protect itself from harm.
 - a. Causes of stress: excess heat or cold, physical exertion, environment and space, pain, change in diet, social pressure, disease
 - b. Short term stress with long term benefits: medical practices (vaccinations, castration) weaning, restraint methods,
 - c. How to control stress?



**OAKLAND COUNTY 4-H HORSE CLUBS
ACHIEVEMENT LEVEL I – SECTION 1**

NAME _____ 4-H HORSE CLUB _____

ADDRESS _____ DATE OF BIRTH _____

CITY, STATE, ZIP _____ AGE _____

	Judge Initials	Date Completed
1. Discuss ten safety precautions to follow when around horses on the ground and how safety relates to horse behavior. Explain how proper riding boots/shoes can keep you safe.		
2. Discuss the power of association (flight or fight) instinct in horses.		
3. Identify six horse coat colors/variations, five white facial markings and three leg markings.		
4. Name and describe the four basic gaits of horse, from slowest to fastest.		
5. Describe basic tack for leading a horse and riding a horse in English tack and Western Tack.		
6. Identify 10 basic body parts of the horse on the attached diagram.		
7. How many gallons of water does a horse consume in one day? What 3 main types of feed do horses eat?		
8. *Rider/Handler Showcase: Demonstrate how to properly lead and turn a horse in halter and tell why. (Video is acceptable)		

JUDGE'S COMMENTS:

I HEREBY CERTIFY THAT THE ABOVE INDIVIDUAL HAS COMPLETED ALL PARTS OF ACHIEVEMENT LEVEL II-SECTION I.

Judge's Signature _____ Date _____



**OAKLAND COUNTY 4-H HORSE CLUBS
ACHIEVEMENT LEVEL I-SECTION II**

NAME _____ 4-H HORSE CLUB _____

ADDRESS _____ DATE OF BIRTH _____

CITY, STATE, ZIP _____ AGE _____

	Judge Initials	Date Completed
1. Expand on safety precautions when mounting and use of riding equipment. Explain how your riding helmet and appropriate riding clothing can keep you safe.		
2. Discuss basic grooming equipment, uses of each and demonstrate.		
3. Which is a better lead to tie a horse with, flat nylon or a braided rope? Why? What is a quick release/safety knot for tying a horse and what are best places to tie a horse. Demonstrate tying a quick release knot.		
4. Identify 22 basic body parts of a horse on the attached diagram.		
5. Define the following basic horse terms: stallion, mare, colt, weanling, gelding, filly, conformation, horsemanship, sire, dam		
6. What is showmanship and explain "set up for inspection."		
7. *Rider/Handler Showcase: Demonstrate a showmanship pattern.		
8. *Rider/Handler Showcase: Demonstrate stopping and steering a horse while mounted at a walk (on lead line if required per 4-H rules). (Video is acceptable)		

JUDGE'S COMMENTS:

I HEREBY CERTIFY THAT THE ABOVE INDIVIDUAL HAS COMPLETED ALL PARTS OF ACHIEVEMENT LEVEL II-SECTION II.

Judge's Signature _____ Date _____



**OAKLAND COUNTY 4-H HORSE CLUBS
ACHIEVEMENT LEVEL I - SECTION III**

NAME _____ 4-H HORSE CLUB _____

ADDRESS _____ DATE OF BIRTH _____

CITY, STATE, ZIP _____ AGE _____

	Judge Initials	Date Completed
1. Explain how to safely catch a horse, what to avoid and describe general safety precautions while riding, including control.		
2. Discuss a horse's disposition and how the ears and eyes are signs of how the horse is feeling. Describe the 5 senses and how it relates to a horse's behavior.		
3. Explain basic health care and sanitation principles. How do you keep your horse's environment clean and healthy?		
4. Describe differences between: light horse breed, draft or heavy breed, pony and miniature horse? Name six light horse breeds, three draft breeds and two pony breeds.		
5. Describe how to warm up a horse, warm up ring and show ring safe riding etiquette.		
6. How do you measure the height of a horse?		
7. Present horse educational info or demonstrate to your club or group.		

JUDGE'S COMMENTS:

I HEREBY CERTIFY THAT THE ABOVE INDIVIDUAL HAS COMPLETED ALL PARTS OF
ACHIEVEMENT LEVEL II-SECTION III.

Judge's Signature _____ Date _____



OAKLAND COUNTY 4-H HORSE CLUBS ACHIEVEMENT LEVEL I-EVENT SHEET

NAME _____ 4-H HORSE CLUB _____

ADDRESS _____ DATE OF BIRTH _____

CITY, STATE, ZIP _____ AGE _____

EVENT NAME: _____

DATE OF EVENT: _____ VOLUNTEER NAME: _____

Volunteer/Event Chair Signature

Date _____

Provide brief explanation of demonstration and what you did to prepare for your demonstration.

Table with 12 empty rows for providing a brief explanation of demonstration and preparation.